FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPRO

OMB Number:	3235-0287
Estimated average burden	
hours per response:	0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

			2. Issuer Name and Ticker or Trading Symbol DYNEX CAPITAL INC DX	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) (First) (Middle) C/O DYNEX CAPITAL, INC. 4551 COX ROAD, SUITE 300					Director	10% Owner			
		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/23/2006		Officer (give title below)	Other (specify below)			
(Street) GLEN ALLEN (City)	VA (State)	23060 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv	idual or Joint/Group Filing ((Form filed by One Repor Form filed by More than (ting Person			

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date,	3. Transac Code (Ir 8)		4. Securities Ac Disposed Of (D			Securities Beneficially Owned	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	3 and 4)	(11130. 4)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (li 8)		Derivative		6. Date Exerci Expiration Dat (Month/Day/Ye	e	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Series D Preferred Stock ⁽¹⁾	\$10	03/23/2006		P		200		08/08/1988 ⁽²⁾	08/08/1988 ⁽²⁾	Common Stock	200	\$10.25	349,164	I	By Talkot Fund
Series D Preferred Stock ⁽¹⁾	\$10	03/27/2006		P		900		08/08/1988 ⁽²⁾	08/08/1988 ⁽²⁾	Common Stock	900	\$10.2	350,064	I	By Talkot Fund
Series D Preferred Stock ⁽¹⁾	\$10							08/08/1988 ⁽²⁾	08/08/1988 ⁽²⁾	Common Stock	239,774		239,774	D	

Explanation of Responses:

- $1.\ The\ full\ name\ of\ the\ Series\ D\ Preferred\ Stock\ is\ "Series\ D\ 9.50\%\ Cumulative\ Convertible\ Preferred\ Stock."$
- 2. The Series D Preferred Stock is immediately exercisable and has no expiration date.

Stephen J. Benedetti, Attorney-In-

Fact

** Signature of Reporting Person

03/27/2006 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

 $Note: File \ three \ copies \ of \ this \ Form, \ one \ of \ which \ must \ be \ manually \ signed. \ If \ space \ is \ insufficient, \ see \ Instruction \ 6 \ for \ procedure.$

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.