FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| OMB APPROV |
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|--------------------------|-----------|
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Ferson | | | 2. Issuer Name and Ticker or Trading Symbol DYNEX CAPITAL INC [DX] | Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | | | |
|---|-----------------|----------|---|--|--------------------------------|-----------------------|--|--|--|
| BOSTON BYRON L | | | [] | X | Director | 10% Owner | | | |
| (Last) | (First) | (Middle) | | X | Officer (give title below) | Other (specify below) | | | |
| C/O DYNEX CAP: | ` , | (made) | 3. Date of Earliest Transaction (Month/Day/Year) 02/04/2022 | | CEO and Co-0 | CIO | | | |
| 4991 LAKE BROC | OK DRIVE, SUITE | 100 | | | | | | | |
| (Street) | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | 6. Indivi | dual or Joint/Group Filing (Ch | neck Applicable Line) | | | |
| GLEN ALLEN | VA | 23060 | | X | Form filed by One Reporting | ng Person | | | |
| | | | | | Form filed by More than Or | ne Reporting Person | | | |
| (City) | (State) | (Zip) | | | | | | | |

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transac Code (Ir 8) | | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) | | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | |
|---------------------------------|--|---|---------------------------------|---|--|---------------|--|---|---|---------------------------|
| | | | Code | v | Amount | (A) or (D) | Price | (Instr. 3 and 4) | | (111501.4) |
| Common Stock | 02/04/2022 | | P | | 12,600 | A | \$15.98 | 358,177 ⁽¹⁾ | D | |
| Common Stock | | | | | | | | 11,083.447 | I | Through 401(k) Plan |

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | Code (li | Transaction Code (Instr. 8) | | per of ive ies ed (A) osed of tr. 3, 4 | Expiration Date | | Securities Underlying | | 8. Price of Derivative Security (Instr. 5) | | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
|--|---|--|---|----------|-----------------------------------|---|---|-----------------|---------------------|-----------------------|-------|---|--|--|--|
| | | | | | Code | v | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | (Instr. 4) | |

Explanation of Responses:

1. Includes unvested restricted stock units.

Byron L. Boston

02/07/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.