FORM 4

### **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

| OMB APPRO |
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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* BUCK JAY |  |                | 2. Issuer Name and Ticker or Trading Symbol DYNEX CAPITAL INC [ DX ] | Relationship of Reporting Person(s) to Issuer (Check all applicable)     Director  |
|---|--|----------------|--|--|
| (Last)<br>C/O DYNEX CAP<br>4991 LAKE BROO         | (First)<br>ITAL, INC.<br>OK DRIVE, SUITE | (Middle)       | 3. Date of Earliest Transaction (Month/Day/Year) 07/13/2009          | Officer (give title X Other (specify below)  Former Strategic Advisor  |
| (Street) GLEN ALLEN (City)                        | VA (State)                               | 23060<br>(Zip) | 4. If Amendment, Date of Original Filed (Month/Day/Year)             | Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person |

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any | 3.<br>Transac<br>Code (li | tion | 4. Securities A<br>Disposed Of (I | cquired (A       | A) or    | 5. Amount of   | 6. Ownership<br>Form: Direct (D)<br>or Indirect (I) | 7. Nature of Indirect Beneficial    |
|---------------------------------|--------------------------------------|---|---------------------------|------|-----------------------------------|------------------|----------|--|---|-------------------------------------|
|                                 |                                      | (Month/Day/Year)                        | Code V                    |      | Amount                            | (A) or (D) Price |          | Beneficially Owned<br>Following Reported<br>Transaction(s)<br>(Instr. 3 and 4) | (Instr. 4)  | Ownership<br>(Instr. 4)             |
| Common Stock                    | 07/13/2009(1)                        |   | S                         |      | 2,500                             | D                | \$8      | 445,100  | I   | By<br>Rockwood<br>Partners,<br>L.P. |
| Common Stock                    | 07/13/2009(1)                        |   | S                         |      | 400                               | D                | \$8.01   | 444,700  | I   | By<br>Rockwood<br>Partners,<br>L.P. |
| Common Stock                    | 07/13/2009(1)                        |   | S                         |      | 1,500                             | D                | \$8.03   | 443,200  | I   | By<br>Rockwood<br>Partners,<br>L.P. |
| Common Stock                    | 07/13/2009(1)                        |   | S                         |      | 1,300                             | D                | \$8.04   | 441,900  | I   | By<br>Rockwood<br>Partners,<br>L.P. |
| Common Stock                    | 07/13/2009(1)                        |   | S                         |      | 5,600                             | D                | \$8.05   | 436,300  | I   | By<br>Rockwood<br>Partners,<br>L.P. |
| Common Stock                    | 07/13/2009(1)                        |   | S                         |      | 1,500                             | D                | \$8.06   | 434,800  | I   | By<br>Rockwood<br>Partners,<br>L.P. |
| Common Stock                    | 07/13/2009(1)                        |   | S                         |      | 100                               | D                | \$8.07   | 434,700  | I   | By<br>Rockwood<br>Partners,<br>L.P. |
| Common Stock                    | 07/15/2009(1)                        |   | S                         |      | 100                               | D                | \$8.11   | 434,600  | I   | By<br>Rockwood<br>Partners,<br>L.P. |
| Common Stock                    | 07/15/2009(1)                        |   | S                         |      | 100                               | D                | \$8.1175 | 434,500  | I   | By<br>Rockwood<br>Partners,<br>L.P. |
| Common Stock                    | 07/15/2009(1)                        |   | S                         |      | 3,660                             | D                | \$8.14   | 430,840  | I   | By<br>Rockwood<br>Partners,<br>L.P. |
| Common Stock                    | 07/15/2009(1)                        |   | S                         |      | 10,140                            | D                | \$8.15   | 420,700  | I   | By<br>Rockwood<br>Partners,<br>L.P. |

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 3.<br>Transaction<br>Code (Instr.<br>) 8) |   | 4. Securities Acquired (A) or<br>Disposed Of (D) (Instr. 3, 4 and 5) |               |        | 5. Amount of<br>Securities<br>Beneficially Owned<br>Following Reported | 6. Ownership<br>Form: Direct (D)<br>or Indirect (I)<br>(Instr. 4) | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership |
|---------------------------------|--|---|---|---|--|---------------|--------|--|---|---|
|                                 |  |   | Code                                      | v | Amount   | (A) or<br>(D) | Price  | Transaction(s)<br>(Instr. 3 and 4)                                     |   | (Instr. 4)  |
| Common Stock                    | 07/15/2009(1)                              |   | S   |   | 10,000   | D             | \$8.16 | 410,700  | I   | By<br>Rockwood<br>Partners,<br>L.P.                 |
| Common Stock                    | 07/15/2009(1)                              |   | S   |   | 8,030  | D             | \$8.17 | 402,670  | I   | By<br>Rockwood<br>Partners,<br>L.P.                 |
| Common Stock                    | 07/15/2009(1)                              |   | S   |   | 2,000  | D             | \$8.18 | 400,670  | I   | By<br>Rockwood<br>Partners,<br>L.P.                 |
| Common Stock                    | 07/15/2009 <sup>(1)</sup>                  |   | S   |   | 1,970  | D             | \$8.19 | 398,700  | I   | By<br>Rockwood<br>Partners,<br>L.P.                 |
| Common Stock                    | 07/15/2009(1)                              |   | S   |   | 3,900  | D             | \$8.21 | 394,800  | I   | By<br>Rockwood<br>Partners,<br>L.P.                 |

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security (Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | tion Date, Transaction Code (Instr. 8) |   | 5. Num<br>Derivat<br>Securit<br>Acquire<br>or Disp<br>(D) (Ins<br>and 5) | ive<br>ies<br>ed (A)<br>osed of |                     |                    | 7. Title and Amount of<br>Securities Underlying<br>Derivative Security (Instr.<br>3 and 4) |                                  | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s) | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|--|---|--|---|--|---|--|---------------------------------|---------------------|--------------------|--|----------------------------------|---|--|--|--|
|  |   |  |   | Code                                   | v | (A)  | (D)                             | Date<br>Exercisable | Expiration<br>Date | Title  | Amount or<br>Number of<br>Shares |   | (Instr. 4)   |  |  |

#### **Explanation of Responses:**

### Remarks:

<u>Stephen J. Benedetti, as attorney-in-fact for Jay Buck</u>

\*\* Signature of Reporting Person

07/15/2009

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

 $Note: File \ three \ copies \ of \ this \ Form, \ one \ of \ which \ must \ be \ manually \ signed. \ If \ space \ is \ insufficient, \ see \ Instruction \ 6 \ for \ procedure.$ 

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>1.</sup> The reported transaction, along with transactions reported on the Form 4s filed March 18, March 23, April 6, May 18, May 21, May 27 and July 13, 2009, resulted in the reporting person's realization of an additional short-swing profit under Section 16(b) of the Securities Exchange Act of 1934 amounting to \$372.70. The reporting person has voluntarily agreed to pay the full amount of this additional short-swing profit to the issuer.