FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* BUCK JAY			2. Issuer Name and Ticker or Trading Symbol DYNEX CAPITAL INC [DX]	Relationship of Reporting Person(s) to Issuer (Check all applicable) Director
	st) (First) (Middle) O DYNEX CAPITAL, INC. 91 LAKE BROOK DRIVE, SUITE 100		3. Date of Earliest Transaction (Month/Day/Year) 08/20/2009	Former Strategic Advisor
(Street) GLEN ALLEN (City)	GLEN ALLEN VA 23060		4. If Amendment, Date of Original Filed (Month/Day/Year)	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code V		Amount	Amount (A) or (D)		Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Common Stock	08/20/2009(1)		S		400	D	\$8.52	268,605	I	By Rockwood Partners, L.P.	
Common Stock	08/21/2009(1)		S		500	D	\$8.55	268,105	I	By Rockwood Partners, L.P.	
Common Stock	08/21/2009(1)		S		400	D	\$8.54	267,705	I	By Rockwood Partners, L.P.	
Common Stock	08/24/2009(1)		S		7,500	D	\$8.45	260,205	I	By Rockwood Partners, L.P.	
Common Stock	08/24/2009(1)		S		1,700	D	\$8.46	258,505	I	By Rockwood Partners, L.P.	
Common Stock	08/24/2009(1)		S		2,000	D	\$8.47	256,505	I	By Rockwood Partners, L.P.	
Common Stock	08/24/2009(1)		s		2,900	D	\$8.48	253,605	I	By Rockwood Partners, L.P.	
Common Stock	08/24/2009(1)		S		1,700	D	\$8.49	251,905	I	By Rockwood Partners, L.P.	
Common Stock	08/24/2009(1)		S		200	D	\$8.5	251,705	I	By Rockwood Partners, L.P.	

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. 8)		Derivative				7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Derivative Security	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	(In:	Transaction(s) (Instr. 4)		

Explanation of Responses:

1. The reporting person previously repaid to the issuer a short-swing profit of \$12,090.00 under Section 16(b) of the Securities Exchange Act of 1934, in connection with transactions previously reported on the Form 4s filed March 18, March 23, April 6, May 18, May 21, May 27, July 13, July 15, July 20, July 23, July 29, August 3, August 11 and August 14, 2009.

Remarks:

<u>Stephen J. Benedetti, as attorney-in-fact for Jay Buck</u>

08/24/2009

** Signature of Reporting Person

Data

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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