(Street)

## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

5. Relationship of Reporting Person(s) to Issuer (Check all applicable)

Officer (give title below)

X Director

Section 16.	box if no longer subject to Form 4 or Form 5 obligation ie. See Instruction 1(b).		Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940
1. Name and A <u>Hughes N</u>	ddress of Reporting Pers <u>fichael R</u>	son*	2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>DYNEX CAPITAL INC</u> [ DX ]
(Last) C/O DYNE	(First) X CAPITAL, INC.	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/14/2021

C/O DYNEX CA 4991 LAKE BRC	PITAL, INC. OOK DRIVE, SUIT	ГЕ 100	05/14/2021	
(Street) GLEN ALLEN	VA	23060	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person
(City)	(State)	(Zip)	-	

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	<ul> <li>Transaction(s) (Instr. 3 and 4)</li> </ul>		(Instr. 4)
Common Stock	05/14/2021		А		4,661(1)	Α	\$ <mark>0</mark>	49,863	D	
Common Stock								6,410	Ι	By IRA
Common Stock								2,000	I	By self as custodian for minor daughter
Common Stock								2,067	Ι	By spouse's IRA
Common Stock								10,900	Ι	By mother- in-law

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

1	1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		Securities Underlying		Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		

Explanation of Responses:

1. Restricted stock award. The shares vest on the earlier of: (i) May 14, 2022 or (ii) the date of Dynex Capital, Inc.'s (the "Company") 2022 annual meeting of shareholders if such meeting is at least fifty (50) weeks after the Company's 2021 annual meeting of shareholders.

Remarks:

Alison G. Griffin, as attorney-in-

fact

\*\* Signature of Reporting Person Date

05/18/2021

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

10% Owner

Other (specify below)